

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>4/9 25/9 16/10 13/11 4/12</b>					
Meat Choice	Sausage roll, new potatoes, wholewheat spaghetti hoops & fresh salad <b>G GFA</b>	Jacket potato with chicken and bacon filling topped with cheese (optional) Seasonal vegetables and fresh salad <b>G GFA</b>	Mini Yorkshire puddings filled with sliced beef, roast potatoes and seasonal vegetables. Gravy <b>G GFA</b>	Homemade mild chicken curry with wholegrain rice, naan bread & fresh salad <b>G</b>	Chicken bites & chips <b>F</b> with baked beans & fresh salad <b>G</b>
Vegetarian Choice	Cheese & onion pastry, new potatoes, wholewheat spaghetti hoops & fresh salad <b>G GFA</b>	Macaroni cheese & seasonal vegetables. Fresh salad <b>G GFA</b>	Homemade quorn mince hotpot with roast potatoes and season vegetables <b>G</b>	Stuffed peppers with savoury rice topped with cheese & fresh salad	Quorn chicken bites & chips <b>F</b> with baked beans & fresh salad <b>G</b>
Dessert	Fruity pots	Homemade meringue with seasonal fruit & cream	Homemade chocolate and pear cake. Fruit basket <b>G</b>	Homemade fruit crumble & cream <b>G</b>	Ice cream. Fruit basket

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>11/9 2/10 30/10 20/11 11/12</b>					
Meat Choice	Homemade beef bolognese pasta, crusty bread, seasonal vegetables. Fresh salad <b>G GFA</b>	Homemade cheesy pizza with saute potatoes, baked beans, & fresh salad <b>G GFA</b>	Homemade chicken casserole with seasonal vegetable & crusty bread <b>G GFA</b>	Homemade wholewheat sausage pasta bake with seasonal vegetables & fresh salad <b>G GFA</b>	Homemade 100% local butcher's beefburger, chips, <b>F</b> sweetcorn & salad <b>G GFA</b>
Vegetarian Choice	Quorn bolognese with pasta, crusty bread, seasonal vegetables. Fresh salad <b>G GFA</b>	As above <b>G GFA</b>	Homemade potato & leek gratin in a cheesy white sauce with seasonal vegetables. <b>G</b>	Homemade vegetarian three bean lasagne, seasonal vegetables, crusty bread, fresh salad <b>G</b>	Vegetable bean burger, chips, sweetcorn & salad <b>G</b>
Dessert	Fresh fruit platter	Mini pancakes with maple syrup. Fruit basket <b>G</b>	Apple sponge & custard Fruit basket <b>G</b>	Jam swiss roll with cream Fruit basket <b>G</b>	Fruit muffin. Fruit basket <b>G</b>

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>18/9 9/10 6/11 27/11</b>					
Meat Choice	Homemade turkey meatballs in tomato & basil sauce with pasta, fresh salad <b>G GFA</b>	Salmon fish fingers <b>F</b> with new potatoes and baked beans. Fresh salad <b>G GFA</b>	Roast pork, new potatoes, seasonal vegetables, stuffing balls & gravy <b>G GFA</b>	Homemade wholewheat beef lasagne with crusty bread & fresh salad <b>G</b>	Local butcher's pork sausages, chips <b>F</b> , garden peas & fresh salad <b>G GFA</b>
Vegetarian Choice	Homemade red lentil & tomato pie topped with cheesy mash & fresh salad <b>G GFA</b>	Oven baked, hasselback potatoes & cheese and baked beans, Fresh salad	Cauliflower cheese melt topped with breadcrumbs, new potatoes & seasonal vegetables <b>G GFA</b>	Sweet & sour vegetables with wholegrain rice. Fresh salad	Quorn sausage, chips <b>F</b> , garden peas & fresh salad <b>G</b>
Dessert	Fruit & yoghurt	Jelly & fruit basket	Peaches & cream Fruit basket	Cheese & biscuits with grapes <b>G</b>	Homemade fruit flapjacks <b>G</b>

**A basket of fresh fruit is available every day which children may choose from to accompany their pudding. Yoghurts are available daily to have instead of pudding choice. Fresh bread offered daily and salad is available every day (with the exception of Wednesday roast day).**

**Key:**  
**fried**  
**F = flash**  
**G = contains gluten, GFA – Gluten free alternative is available, please contact us to discuss requirements.**