

Forest School

Information for Parents



Forest School is an outdoor learning experience where children can learn through activities and play. The children will participate in achievable tasks and activities in a woodland environment, where each child will have an opportunity to develop skills and to play and to work together with others. The sessions are planned to give the children opportunities to experience activities such as: outdoor cooking over a fire, how to use tools safely, using their senses to learn about the flora and fauna and team building skills. These sessions will help to promote a growth in confidence and self-esteem, and help the children to handle risks and develop their own initiative.



A Level 3 Forest School leader supervises groups of children at Tin Hill Woods for a series of sessions where they safely learn more about the outdoor environment in a woodland setting. Health and safety will always be very carefully considered, as will activities to stimulate and encourage child-centred learning.

Forest School will run throughout the year, going to the woods in all weathers (except for high winds), with groups of children attending a session weekly for a term. The children will enjoy a positive outdoor experience, but will need to be dressed appropriately for all weathers. They will need to bring suitable clothing to school when they are attending Forest School:

- Winter sessions - old trousers, warm jumpers, thick socks, hats, scarves, gloves, and a warm waterproof coat.
- Summer sessions – old trousers (not shorts), jumper, sun hat and waterproof coat.

Wellies and waterproof trousers will be provided if necessary.



If you have any queries or concerns, please feel free to contact Mrs Rees who is happy to talk to you and give you further information about Forest School.